

## ABSTRACT OF THE DISCLOSURE

A phospholipid gel is spontaneously formed when combining a first phospholipid, a second phospholipid, and water, wherein the first phospholipid is a neutral phospholipid and the second phospholipid is a negatively charged phospholipid. The first and second phospholipids are of natural origin, semi-synthetic origin, or synthetic origin. Preferably, they are di(C<sub>8</sub>-C<sub>22</sub> acyl) phosphatidyl choline and di(C<sub>8</sub>-C<sub>22</sub> acyl) phosphatidyl glycerol. The total phospholipid concentration is within a range of 6-40 % by weight.